



PPSREA NEWS BULLETIN



Join PPSREA to Make a Difference

Region XI



President's Message

President's Message

As the last quarter of the 2020 year approaches, I want to take a moment to say a heartfelt thank you for your continued support of PPSREA. This year has been a whirlwind in which we have experienced more challenges than ever.

Board of Directors' Retreat and Organization Activities Update

The year began with a successful retreat for the PPSREA Board of Directors entitled, "Reflect, Renew and Recharge". We were energized to move forward with a heightened commitment and a 2020-2021 calendar filled with events, exciting cultural trips programs and service. The spring newsletter was published. While we subsequently had to cancel this year's spring and fall general membership luncheon meetings, the new members breakfast, all cultural trips and all face to face meetings of committees and the Board of Directors, we have continued to provide support to our members and the Philadelphia community.

How We are Coping

We have relied on digital communication. The PPSREA website has posted numerous important informational items related to COVID-19, voting, and changes in local/state or national guidelines/deadlines during the pandemic. Meetings of committees and the Board of Directors have been via teleconferences.

PPSREA is positioned to adjust to the new normal. Our organization has been successful for over seventy - two years due to the tireless efforts of volunteers. As school employees, we have experienced changes in temperature (when the boiler failed), changes in grade and room assignments, changes in district and school leadership, changes in class roster, changes in position, layoffs, and changes of the recent changes. We are skilled in going with the flow, riding the waves or, in today's terms, pivoting or reimagining our footprint.

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**REMEMBER
TO
VOTE**

**SEE PAGE 14 FOR
MAIL-IN BALLOT
INFORMATION**

Executive Board

President	Mamie E. Bryan
President Elect	Vacant
Treasurer	Dr. Vernard W. Trent
Assistant Treasurer	John M. Ferrier
Recording Secretary	Hedy Ann Guyer
Corresponding Secretary	Nathania T. Johnson

Board of Directors

Richard Cecchine	Yvonne J. Jones
John M. Ferrier	Theresa McKinzie
Stanley G. Field	Stephanie Mitchell
Judy Y. Gaskins	Dr. Cora M. Turpin
Theresa L. Jackson	Celestine F. Welcome
Nathania T. Johnson	Donald K. Williams

Past Presidents

*Louis R. Nusbaum.....	1947-1954
*Edmund A. Thompson.....	1955-1960
*Sydney A. Farbish.....	1961-1963
*Phillip A. Boyer.....	1964-1966
*John Guthri.....	1967-1969
*Serena F. Davis.....	1970-1971
*John E. Thomas.....	1972-1973
*Benjamin L. Stackowski.....	1974-1976
*Mary E. Sumerfield.....	1977-1979
*Anna P. Simpson-Pullar.....	1980-1982
*Hazel Rainieri.....	1983-1985
*Doris W. Wilson.....	1986-1988
Frank W. Hauser, Jr.....	1989-1991
Henry J. Blaszczyk.....	1992-1993
*Helen H. Dutcher.....	1994-1995
*Walter H. Collibns.....	1996-1997
Dr. Florence H. Scott.....	1998-1999
Dolores R. Seiberlich.....	2000-2001
Sara L. Dean.....	2002-2003
*Carole A. Robbins.....	2004-2005
*Martin A. Labb.....	2006-2007
Barbara W. Barnett.....	2008-2010
Henry J. Blaszczyk.....	2011-2013
Bonnie Uditsky.....	2014-2015
Vivien H. Hansbury.....	2016-2017
Sherry O. Morris.....	2018-2019

*Deceased

Committees

Awards.....	Theresa McKinzie
Education Support.....	Stanley G. Field
Lindenbaum.....	Vacant
Nonagenarian.....	Theresa L. Jackson
Pride of PPSREA.....	Yvonne J. Jones
Hazel Rainieri.....	Vacant
PPSREA Scholarship.....	Dr. Stephanie T. Childs
Dr. William Ross Scholarship.....	Walter Scriven
Woodson (PASR).....	Barbara W. Barnett
Communication.....	Judy Y. Gaskins
	Nathania T. Johnson
Historian	Yvonne J. Jones
Photography.....	Stephen V. Spence
Program.....	Yvonne J. Jones
Public Relations.....	Judy Y. Gaskins
	Nathania T. Johnson
Publications.....	Edward E. Itzenson
Finance.....	Dr. Vernard W. Trent
Membership.....	Celestine F. Welcome
Retirement Planning.....	Jennifer Plumer Davis
Service.....	Stephen V. Spence
Community Service (PPSREA).....	Vacant
Community Service (PASR).....	Vacant
Cultural.....	Claudine Colman/Micki Singleton
	Donald K. Williams
Fitness.....	Steven Korsin
Member Benefit Services.....	Sherry O. Morris
Seminars.....	John M. Ferrier
Service/Townsend.....	Stephen V. Spence
	Theresa McKinzie/ Leonard Kaltz
	Dr. Vernard W. Trent
Social.....	Stephanie Mitchell
Sunshine/Gratuities/Memorial.....	Barbara W. Barnett
	Mamie E. Bryan
Other Administrative.....	Mamie E. Bryan
Action.....	John M. Ferrier
By-Laws.....	Jennifer Plumer Davis
Leadership.....	Dr. Stephanie T. Childs
	Yvonne J. Jones
Legislative/LPEC (PASR).....	John M. Ferrier
	David Kaplan
Nominations.....	Vacant
Newsletter Editorial Staff.....	Judy Y. Gaskins
	Edward E. Itzenson/Nathania T. Johnson

President's Message (cont'd)

Several email blast communications have been sent to the 1500 members for whom we have email addresses. However, there are over 2000 members for whom no email address is on file. If you are not receiving emails, or your email address has changed, please provide your information on the enclosed form or email membership@ppsrea.com. The early summer necrology list was posted on the PPSREA website. You are encouraged to visit the website ppsrea.org regularly for new information.

Our Office Operations

Most PPSREA office operations have been temporarily paused since April. The PASR state chapter office may be contacted by email or the online contact form at anytime.

Hats Off to the Nonagenarians

There is no way that we would miss the opportunity to celebrate the 2020 Nonagenarians. Traditionally, the spring luncheon has featured tributes to school retirees who have reached ninety years of age. In this edition, we have captured some of the autobiographical information that this year's Nonagenarians have shared. Please note the items in the COVID-19 protection kit that was mailed in their Thanks for Your Service package. The Nonagenarian Committee, under the extraordinary leadership of Theresa Jackson, has done a phenomenal job in preserving the celebration of the 2020 Nonagenarians.

Scholarship and Membership

Due to the early closing of public schools, the annual scholarship awards for the 2020 graduates could not be processed. The school awards that are given to students and school employees announced at the spring luncheon were not possible. The annual membership renewal notices for 2020-21 were delayed, but they will be mailed as soon as possible. A membership form is included in this edition for your convenience.

We Continue to Support

The support to retirees that is provided through the Townsend Fund continues. A description of this program and an application for service is inside. There may be retirees that are experiencing unique challenges which may be amplified by the pandemic. Our mission includes serving others in need. Please share the Request for Services Form that is included in this newsletter. The Committee Chair, Stephen Spence, facilitates a timely response to all requests that are received. PPSREA has recently made a significant donation to Philabundance to support feeding families during this period. We can and will do more to provide service.

We Need You

We anticipate being fully operational and current in our responses to members' inquiries/calls in the near future. The annual membership renewal notices will be mailed. The strength of our organization is in the number of active members. We urge you to consider joining a committee or serving as a Director. Most of the current Committee chairs and Board members have been retired more than ten years. New ideas about ways to grow our organization and enrich retirement experiences are always needed. Please consider sharing your talents.

Last year, many members completed the "How Are We Doing Survey". The responses were published in a newsletter and used to plan the 2020 Calendar. Many of the highly-rated items were related to PPSREA gatherings. We will always be guided by the CDC, Pennsylvania and City of Philadelphia safety protocols. We exist because of you. Let us know what you expect.

Voting is Key

Please exercise your right to vote in the November election. Be an informed voter. Know which of the candidates promote your values, interests and needs. Keep in touch with other retirees, especially those who live alone.

Thank you for your loyalty!

2020 Year Of The

CORONAVIRUS

by Judy Y. Gaskins

BY THE NUMBERS *

Worldwide

cases 18.85 million
deaths 703 thousand

United States

cases 4.8 million
deaths 150 thousand

Pennsylvania

cases 120 thousand
deaths 7.2 thousand

Philadelphia

cases 30.8 thousand
deaths 1,695

* as of 8/6/20



2020 - What a year this has been! Coming into the new year, we knew it was a leap year. We knew it was a presidential election year. We may have known that it was the Chinese Year of the Rat. The Chinese believe that people born in this year have good fortune in wealth and career being very shrewd and resourceful. Many of us looked forward to vacations to exotic places. Then the unexpected happened. Our world came to an abrupt stop!

An unknown, unseen enemy reared its ugly head and brought the world as we know it to a complete standstill. The coronavirus (COVID19), a highly infectious disease caused by a newly discovered novel virus, changed the lives of every person, in every city, in every country in the world. So many people infected, so many deaths. It is scary and devastating. Because it is so easily spread, with no treatment or vaccine, we were put on lock down. All businesses, schools, entertainment venues, sporting events, restaurants and theaters were shut down. It seemed so very surreal.

Many people became unemployed because their jobs and businesses closed. Some are still unemployed. Families became separated and isolated during the period of self quarantine. But we made adjustments and we have learned to deal with what we have been handed. Our vocabulary grew to now include terms like: 'flatten the curve'; 'shelter in place'; 'social distancing'; epicenter; pandemic; covid19; CDC; 'stay safe'. We now accessorize our wardrobe with facial masks and surgical gloves.

While anxiety and an uncertain future are still with us, we are able to adjust our lives to this new world order. We are now adept in our use of technology. We Zoom, FaceTime, and Skype. There are virtual meetings and virtual church services; drive by weddings and graduations. We are closer to the family members in our homes, many having dinner together on a daily basis. We are able to read the books we put off; to organize our closets and to clean out the garage. We reconnect with friends by telephone whom we had not talked to in a while and so much TV! We, also, now have the time to look internally, reassess our lives and decide what was really important. But we are surviving!

OUR PPSREA BOARD.



Is NOT BORED HOW SOME OF US ARE SURVIVING

STEPHANIE CHILDS - I maintain contact with family and friends; I keep calm through spiritual meditation; I write my thoughts in a journal; and I participate in a Prayer Team which is important to me.

CLAUDINE R. COLMON - I participate in 8 o'clock Mass through Facebook; as part of an evangelization committee, I contact members for updates and I also watch a little TV.

JOHN FERRIER - My wife and I are doing major cleaning from attic to garage in anticipation of a major move and in the process, discovered things we forget we owned. We have downsized quite a bit.

STANLEY FIELD - I spend time with my treasured stamp collection; my wife and I take long afternoon walks, stopping at a store on the way back; use Zoom for meetings, lectures and contact with former Peace Corps colleagues; I keep in contact with my daughter in Wisconsin through Skype; I now have time to thoroughly read the New York Times.

JUDY Y. GASKINS - I use my time to declutter, opening drawers and closers, making piles; keep-donate-discard. I now have room to buy more stuff! I finished a 500 piece abstract puzzle; and I actually turn on my stove to cook more often; I keep in touch with family and friends by phone and participate in meetings and church through Zoom.

EDWARD ITZENSON - As president of my Central High class of '84, we were planning our reunion for June 14th which had to be cancelled due to the pandemic; I continue to gather information about school district employees who have passed away.

NATHANIA JOHNSON - My husband is now getting a taste of what it is like to be retired and I am finding out what it is like having him home all the time! I am engaged in making masks, creating cards and sewing; it is exciting to finally use my craft items that have been untouched for so long; my husband is now my walking buddy, which is nice.

STEVEN KORSIN - I spend time communicating with family and friends; I make a special effort to reach out to people living alone or in assisted living who cannot have visitors due to the coronavirus.

PAULETTE SINGLETON - I continue to volunteer at Manna, packaging meals for critically ill patrons; I also take 'walks with a purpose' shopping for three elderly neighbors and a sick friend; unfortunately, I can no longer zip up some pants I used to fit!

WAYS TO STAY SAFE

- wear a mask when out and about
- avoid touching your face
- wash hands often - for 20 seconds
- stay in well ventilated areas
- frequently disinfect all surfaces
- if you are feeling sick stay home
- keep your distance



CELEBRATING OUR NONAGENARIANS

PPSREA congratulates our Nonagenarians on reaching the awesome age of ninety in the year 2020

“Thank you for your service and we Salute you all!”

DR. FLORENCE H. SCOTT

PPSREA PAST PRESIDENT



DR. FLORENCE H. SCOTT

Dr. Florence H. Scott, retired **Commissioner of Records of the City of Philadelphia** and Elementary School Principal, began her teaching career in Philadelphia's Carver Elementary School as a grade teacher. Following a mathematics demonstration for approximately 400 teachers, her leadership abilities were recognized and utilized to help train future teachers when she was selected to be an Elementary Consulting Teacher for District Four. In this capacity she shared her high regard for learning and her classroom expertise leading workshops on discipline and classroom management with teachers newly appointed to District Four. As the principal of Allison, Blaine and Childs Schools, Dr. Scott encouraged students and staff members to develop to their fullest potential. Frequently she served on many Central Office and District committees such as *Discipline, Promotion Policy* and *Elementary Reading/English/Language Arts*.

Acting in all of the aforementioned roles, she joined Dr. Gwendolyn Gates Hewlett, The Rev. Dr. Sadie S. Mitchell and Leontine D. Scott to found an organization for Black women active in the field of education. After calling upon 32 other outstanding women educators, a charter was forged and the **Philadelphia Chapter of Black Women's Educational Alliance** was established with Dr. Scott elected as the Charter President. After serving 16 years as an elementary school principal, Dr. Scott was appointed **Commissioner of Records for the City of Philadelphia** where she served with distinction.

Dr. Scott has been a member in many educational, civic and professional organizations such as: the **Philadelphia Public School Retired Employees' Association**, **Black Women's Educational Alliance**, and the **N.L. Carter Unit of the Pennsylvania Association of Parliamentarians**, the **Pennsylvania Association of Parliamentarians** and **Delta Sigma Theta Sorority**. She is past President of **PPSREA** and of the **Pennsylvania Association of Parliamentarians**. She served on the **State Assistance Task Force in New Jersey** where she worked with three (3) elementary schools in the Camden School District.

The dedication and service of Dr. Scott has not gone unnoticed. She has received awards and citations from many organizations and the City of Philadelphia. Some of them are the *Philadelphia Bowl* from **Mayor W. Wilson Goode**, service awards from **Black Women's Educational Alliance**, **PPSREA** and **Childs' School**, the **Mary McLeod Bethune Award** from **National Council of Negro Women**, **Blaine Portal School Award** presented by **Temple University**, **Certificate of Recognition** from the **Greater Philadelphia Chamber of Commerce** for practical politics, and **Outstanding Teacher Award** from the **National Association of Parliamentarians**.

PPSREA CELEBRATES OUR NONAGENARIANS

PPSREA congratulates our Nonagenarians on reaching the awesome age of ninety in the year 2020
"Thank you for your service and we Salute you all!"

Bio Snapshots of some of our Nonagenarians

Allen Wenker - Mr. Wenker devoted many years to the School District of Philadelphia as a Construction Inspector.

Antoinette P. Capponi - Ms. Capponi worked 21 years with the School District of Philadelphia before retiring in 1993. She worked at Creighton Elementary as a secondary certified Science Middle Years Teacher.

Celestine Henry - Ms. Henry is a proud graduate of Temple University. She served the School District of Philadelphia for 27 years as a Teacher's Aide, Early Childhood Teacher, and Elementary Education Teacher. Ms. Henry is very involved at her church, St. Cyprian Catholic Church. She is a Eucharistic Minister and serves on the Bereavement Committee, Charismatic Prayer Group, Liturgy Committee and enjoys visiting the homebound in hospitals and nursing homes.

Elsa Engel - Ms. Engel devoted more than 20 years to the School District of Philadelphia. Most of her years were spent as the Roster Chair.

Evelyn M. Gold - Ms. Gold worked in the School District of Philadelphia for 37 and 1/2 years as an Art Teacher at Rhawnhurst Elementary School. She was also a Union Rep. Ms. Gold stays in touch with many former students and co-workers. Recently she received facemasks for her and her son from a former student who now lives in Florida. Ms. Gold has fond memories of her years with the district.

Fannie Brigham - Mrs. Brigham is a proud graduate of Winston Salem State College. She worked in the School District of Philadelphia for 32 years as a 3rd grade teacher at M. Hall Stanton Elementary School. Because of her dedication to her craft, she received "Teacher of the Year Award". Mrs. Brigham states, "My greatest achievements were the accolades I received from the students, parents, and my co-workers." She is involved in her community and at her church, Ebenezer Church of God in Christ. She is an Evangelist and served many years as the Director of Christian Education, choir member, and prayer warrior. She enjoys sending cards and visiting the sick in hospitals and nursing homes.

Dr. Florence H. Scott (see bio and photo on previous pages)

Gilbert J. Damis, Sr. - Mr. Damis served in the School District for 21 years as a plumber. He enjoyed his work, loved the people and never complained. He received recognition from Dr. Constance Clayton for a job well done. His wife considers him a "trooper" with a good and supportive family!

Ida Massey - Mrs. Massey is a proud graduate of Hallahan High School. She served the School District of Philadelphia for more than 15 years. She worked at Baldi, Swenson, Washington, Pickett and others as a Food Service Manager. Mrs. Massey was married to her beloved Paul for over 60 years before his passing in 2017. She is a proud "Great Grandmom to one and number two on the way" Mrs. Massey's community involvement includes Member of Maternity BVM Parish since 1957, Member of Adoptive Mother's Club, and a World Traveler

Irvin J. Farber - Mr. Farber is a proud graduate of Central High School (190th) and Temple University. He served in the School District of Philadelphia for 36 and 1/2 years including 2 years of Military leave. During his career with the district, Mr. Farber was a teacher at Furness Jr. High and supervised the Intern Teaching Program for College Graduates assigned to Temple University. He also worked in the Office of Resource and Evaluation as Supervisor, Manager, Assistant Director and Director. Mr. Farber's community involvement includes Phi Delta Kappa, Congregation Shaare Shamayim, Bnai Brith, and Z.O.A.

Irvin H. Naphy - Mr. Naphy is a proud graduate of South Philadelphia High School and Millersville State University. Mr. Naphy served in the School District of Philadelphia for 30 years before retiring in 1993. He was Dean of Students at Kensington High School.

Josephine Salerno - Miss. Salerno is a proud graduate of South Philadelphia High School for Girls, Philadelphia Musical Academy and Temple University. She served in the School District of Philadelphia for more than 30 years. She started with the district in the 50's, left and lived in Rome during the 60's where she taught at an international school. She taught children of diplomats and businessmen. Every child was bi and tri-lingual, and their skills were amazing to see and hear. Ms. Salerno states, "My Roman years were a treasured experience adding so very much to my life." Upon her return to our country, she reentered the SDP and was assigned to Childs School with Ed Itzenon as Principal. Ms. Salerno is a volunteer in her community. She is thankful to have been able to travel and enjoy fabulous parts of our world.

Mrs. Lois M. Nesmith - Mrs. Nesmith is a proud graduate of Community College of Philadelphia with an Associate Degree in Arts and earned a Bachelor of Science Degree in Education from Cabrini College. She served the School District of Philadelphia for 30 years before retiring in 1996. During her career with the district, she worked at General John F. Reynolds Elementary, George Washington Carver and Louis H. Farrell schools and held positions as classroom aide, classroom teacher and the Career Opportunities Program.

Marie Gonzoph - Ms. Gonzoph devoted many years to the students of the School District of Philadelphia as a School Librarian.

Martha L. Baysmore - Ms. Baysmore served 32 years in the School District of Philadelphia before retiring in 1990. She taught Music at Gideon and Clymer Elementary Schools. Her signature song "Fifty Nifty United States" is still remembered by many of her former students.

Marylin S. Klein - Ms. Klein retired from the School District of Philadelphia after 28 years of teaching 3rd grade students. She enjoyed her years with her students.

Mildred L. Jackson - Ms. Jackson is a proud graduate of North Carolina A&T University and Temple University. She served 21 plus years with the School District of Philadelphia as an Elementary Education Teacher. Ms. Jackson's community involvement is with Sigma Gamma Rho Sorority, Inc., Deb Mother-Boy Scouts of America, Tutoring and After School Program Teacher at Pinn Memorial Baptist Church.

Mildred A. O'Toole - Ms. O'Toole served many years in the School District of Philadelphia in the Internal Affairs Office with Audits.

Roberta Lee - Ms. Lee devoted many years to the School District of Philadelphia as an Elementary Teacher and Counselor.

Thomas J. Patterson - Mr. Patterson is a proud graduate of Temple University, Class of 1952. He worked in the School District of Philadelphia for 28 years in Accounting at the Administration Office and with the Federally Funded Head Start Program. Mr. Patterson is a 32 Degree Prince Hall Mason, SDOP - F.A.M.I.L.Y (Fathers Advocating Male Involvement in the Lives of Youth) and proudly retired from the United States Army.

Vincent J. Ucciferri - Mr. Ucciferri served in the School District from 1956 until 1982 as a teacher at Edison High School.

Additional Listing of Nonagenarians

Abraham Duchovnay
Aileen Casey
Anna L. Forte
Annie Marshall
B. Lucille Hamill
Betty I. Gall
Betty W. Ross
Charles J. French
Claudia Moss
Daniel Riley
David Spangler
Deborah Givens
Dennis Hummel
Doris Knight
E. Ruth Rodman
Elizabeth Anton
Elizabeth Brewer
Elizabeth Santiago
Elpis H. Kyriazis
Evelyn Harris
Franklin H. Hare
Franzella Buchanon
Geraldine Talley
Gertrude Purnell
Gloria W. Lancaster
Harold Zeitz
Harriette Y. Dixon
Helen E. Alford

Helen C. Johnson
Henrietta J. Stukes
Irene H. King
Janet R. Jaffe
Jeanne Roesch
Joan V. Talman
John C. Philmon
Joseph M. Gavin
Josephine F. Stewart
June N. Eisele
Lillian M. Bodison
Marie B. Prattis
Martha Johnson
Mary E. Walker
Marylou Duff
Norman L. Lane
Queen E. Spicer
Richard Hahn
Sarah L. Thomas
Shirley Levin
Stella Seltner
Theresa Ciullo
Virginia G. Winchester
Vivian M. Miles
Wilma D. Campbell

Staying Home and Staying Fit

Suggestions for Exercising at Home

by Steve Korsin



Staying physically fit has positive benefits for your overall health. Listed below are exercises that can be done at home, without equipment, during the coronavirus pandemic. If you have not exercised over the last few weeks or months, begin at an easy pace. If you have chronic health issues, always check with your doctor before starting any exercise program.

WARM-UPS

It is a good idea to begin with a warm-up regiments, such as; jumping jacks, running in place or walking up and down a flight of stairs. Pick one or two of the above and stop when you begin to feel a slight sweat.



STRETCH

From a standing position with your knees straight and feet shoulder width apart, bend forward reaching for your toes. If you are not too flexible, you may only get as far as your knees or ankles. This is OK. Go to the point of resistance and hold that position for 15 to 30 seconds. Repeat once.

ARM CIRCLES

From a standing position with your arms raised parallel to the floor and elbows straight, do 10 clockwise circles, then 10 counter clockwise circles. Repeat once.

Now you are ready to engage in three exercises that will strengthen your body.



*10 reps (repetitions) = 1 set

SQUATS



Do 1 to 3 sets of 10 reps. *This exercise strengthens the quadriceps (the muscles in front of the thighs). From a standing position, with your hands on your hips, bend your knees 4 to 6 inches, keeping your back straight (do not bend forward). Then stand up and repeat. Never bend your knees more than half way to avoid putting too much stress on your knees. You can add resistance by holding a weight in each hand.

SIT UPS

Do 1 to 3 sets of 10 reps. *Lie on your back on a mat or carpet. Bend your knees and cross your arms in front of your chest. If no one is available to hold your ankles stationary, place your feet under a heavy object, like a sofa. Keep your chin close to your chest. Raise up to reach your knees with your elbows.



PUSH UPS



Do 1 to 3 sets of 10 reps. *Lie on the floor in a prone position. Push up so only your palms, with fingers spread, and your toes are on the floor. Your hands should be a little wider than shoulder width and elbows straight. Now bend your elbows, keeping your back straight, and lower your body to a few inches from the floor, then push up again.

MODIFIED PUSH UPS



Do 1 to 3 sets of 10 reps. *Lie on the floor in a prone position. Push up so your elbows are straight. You are now resting on your palms with fingers spread and on your knees and toes. Repeat by bending your elbow so your chest is a couple of inches from the floor. Repeat.



Studies have shown that games can not only be entertaining but can also improve memory, relieve stress, and improve overall mental health. As you exercise your body, do not forget to exercise your mind. Try these fun games to give your mind a workout and stimulate your brain!!

Sudoku

		3	7		8			
		6	5		4		7	8
				4				6
2		8	4				3	
6	3			5			4	2
	5				2	6		7
3				2				
4	9		3		7	1		
			9		5	7		

			9		4	8		5	
							6	2	
8		5	2	1					4
9	1				6	5	7	2	
2	7	4	1					3	6
6				9	1	3			5
	4	7							
	9		5	8		2			

Cryptograms

1. HMP NZF BDF SMKL OZMJ KDTWD 2. P QPHMMH GA OIZKMHSVY, FVC

HMPZ WDTACZFY NL ATGTYR

XIV QPZ'C QVHY VE OGCJ GC IZ P

NZZMKL NZF LFYB OMZBD --

QIYK ZGWJC. --

UDNATA RTSZNY

Hint H=Y

DPHGYXZ DIZHIM

Hint: Z=N

Bedroom Items

RUG
PHOTO
MIRROR
SHELF
SHEETS
TEDDY BEAR
DUVET
NIGHTSTAND
CURTAINS
WARDROBE
RADIO
ALARM CLOCK
BED
PILLOW
LAMP
SLIPPERS
CLOSET

C L O S E T B E D O U T T H
L V A I P H O T O S N O E P
A M W H L D M I R R O R D I
M R W O L L I P L I D S D A
P H R O O R U G P N S P Y L
S G D O I S D D Y W U R B A
T T D E R D T U R E R U E R
E N H N G S A E V C T U A M
S H E L F L N R E E T I R C
W A R D R O B E R H T A R L
V A E I B O T T O D S O C O
D R L S N I A T R U C R I C
O B I H P S R E P P I L S K
R U A N I G H T S T A N D D

Word Search

**Mail In Ballot
General Election
Tuesday, November 3, 2020**

Submitted by John Ferrier, Action Committee

Retirees are demographically an “at risk” population for COVID 19, and should consider submitting a mail in ballot for the November 3rd general election. The application process is easy. All applications are carefully monitored to eliminate the possibility of voter fraud and to ensure that every vote will be processed and counted. Use the following link to apply for a mail in ballot:

<https://www.pavoterservices.pa.gov>. You can also find a link to apply for a mail in ballot on PPSREA’s web page: www.ppsrea.org. Applications **must be submitted no later than 5 pm, October 27, 2020, and completed ballots must post marked no later than 8pm, Tuesday, November 3rd, 2020.**

During the 2016 general election, all of Pennsylvania’s 20 electoral votes were awarded to President Trump who carried Pennsylvania by only 44,292 votes. There are 8,722,977 registered voters in Pennsylvania, yet only 5,249,807 votes were cast. There are 804,116 registered democrats in Philadelphia, yet only 584,025 registered democrats voted. ***220,091 registered democrats in Philadelphia didn’t vote. Yes, your vote counts!*** The president and the Republican Party oppose voting by mail in ballot. They are counting on a low turn out at the polls.

In the general election we all focus on the presidential election, but **don’t forget those running for the legislature in Harrisburg.** Since 1995, the Republican Party has controlled both the senate and the house. During that period, our pension system was changed from a secure defined benefit plan to a less secure defined contribution plan (403B). In 2000, our pension system had a 125% surplus. Currently, there is a 60 billion dollar unfunded liability caused in large part by the Republican controlled legislature not paying their full contribution to PSERS. The Republican controlled legislature will not consider a COLA for retirees, or an increase in the \$100 monthly health insurance subsidy, yet in 1995 the Republican controlled legislature passed legislation giving themselves an annual 3% cost of living raise. After the completion of the 2020 census, the state legislature will redraw voting districts (gerrymandering), which will enable the Republican Party to pick their voters rather than allowing the voters to choose their elected officials. Drawing districts boundaries with the heaviest concentrations of registered Republican voters will ensure that the party’s chosen candidates in each district will easily win.

When PA Act 77 was passed on October 31,2019 permitting mail in ballots in Pennsylvania, the Republican controlled legislature added an amendment to the law doing away with straight party line voting. You can no longer just check one box and cast a straight party vote. The Republicans hope you will focus on the presidential race and not read the entire ballot and not cast a vote for candidates running for state senate and state representative! There is a good chance that the Republicans could lose control of the state senate if there is a large turn out. If the Republicans lose their majority in the state senate, they can no longer stop legislation that benefits retirees.

PPSREA strongly suggest that retirees apply for a mail in ballot before October 27, 2020, and that you return your ballot in the supplied envelope by November 3, 2020.

**John J. Dillon Pennsylvania Association for School Retirees (PASR)
Service Award**

PPSREA is honored to announce our John J. Dillon PASR Service Award recipient Yvonne J. Jones who has demonstrated extraordinary service and dedication to PASR.

Yvonne Jones, our Chapter Historian, documented the 70 year history of the Philadelphia Chapter, organized activities related to the 70th anniversary celebration, including a lunch for past presidents and the general membership celebration, planned a formal recognition for the chapter's centenarians, and volunteered to organize the first annual Board of Director's Retreat. Yvonne always includes a diverse group of contributors in all of the activities that she leads. In addition to serving as a PPSREA Board Member, she is also a member of the PASR Leadership Development Committee.

NEWS FROM THE MEMBERSHIP COMMITTEE

Hello PPSREA Members,

It has been a devastating change in our everyday lives since learning about how the Coronavirus has affected all of us. We are now enduring a new lifestyle that will be remembered forever.

The Membership Committee is asking for you to visit our website (www.ppsrea.org) for updates, any information changes (i.e. addresses, emails or phone numbers), join and/or pay PASR Membership Dues (electronic payment).

The annual membership renewal mailing has been delayed. You may pay your annual PPSREA dues through our website or by mailing the membership form included in this newsletter. A special thank you to the members whose renewals for 2020-2021 have been received. Please Stay Safe & Healthy!

Sincerely,
Celestine (Tyna) Welcome,
Membership Chairperson

 **VETERANS' ANNOUNCEMENT** 
***** **VETERANS' DAY is November 11, 2020** *****

PPSREA recognizes the service and sacrifices of members who have served in the United States Armed Forces.

Please let us know your branch of service, years of military service email address, and phone number. We have a very special gift for you. Email membership@ppsrea.org by September 31, 2020.

PPSREA

CONDOLENCES LIST AS OF JULY 2020

☞☞ *The Philadelphia Public School Retired Employees Association express our deepest condolences to the families of our transitioned members and colleagues. Names with ages in parentheses were some of our 2020 celebrated Nonagenarians.* ☞☞

Madlyn K. Abramson
Barbara Bannitz Acton
Benjamin Bill Adelman (92)
Marilyn D. Alston
Ruth V. Bennett (98)
Edith Stull Mitchel Bickley
Ervin Charles Bojakowski
Lois A. Boreen
Donna Jane Boswell
David Bralow (90)
Dr. Harold "Hal" Brecher
Dr. Arthur Sullivan Brill (94)
Yvonne Brooks
Mary M. Cannon
Jerome Cantor (92)
Dr. Leroy Carl
Edna Hobson Cellucci
Mary Chapman (90)
Karon S. Chetty
Beatrice A. Cohen (90 *as of July 3*)
Gene Coladonato
Robert Michael Cisik
John S. Constantine (96)
Joan B. Costello (90)
Dr. William Arthur Crawford
Sr. Helen Marie Cromn (94)
William Raymond Crumley, Jr.
Raymond L. Cummings
Caroline Manning Cunningham (95)
Walter Dallas
Mary C. Daly
Roberta Lodish Danowsky
Ellen G. Davenport (93)
Steven Davidoff
Kathleen Dimenick
Vincent J. Donohue
Lillian C. Dordick (100)
John M. Dougherty
Rugh B Douglas
Esther Dingle Dove (91)
Mary Jane Engle
Dr. Robert Christian Evans
Dr. Marion Faber
Inda Fine

Robert Lewis Fishback
Dr. Donald D. Fitts
Jeanne Foti-Cordes
Dr. Edmund J. Forte
Francis T Foti (93)
Robert J. Gallagher
Dr. Barbara A. Gazze
Dr. Richard J Gelles
Eileen D. Geyer
Marian Glenn (90 *as of July 23*)
Sharon Zaleski Glodeck
Joan Edith Goldberg
Dr. Jules Goodison
Marlene Goodison
Rita L. Gross
Howard Gurak
Paula Genevieve Guzzetti
Joan M. Hackney (91)
Rona Gilbert Hamilton
Joseph F. Haro
Carolyn Marie Hatton
Ray Heitzmann
Eva Marks Hinkel
Arlene Horowitz
Rev. Michael Hricko SJ
Arlene M. Horowitz
Barbara Jean Hulinski
Dr. Sydney M. Jaffe (92)
Carole A. Jamiczek
Edward A. Johnson, Jr. (97)
Augusta M. "Dootsy" Jones (90)
Geraldine Jones
Marvyn Jones
Jane Jordon
Edward Kahn
Lucille Ruth Kapelson
Rev. John T. Kelly
Barbara "C.B." Kimmies
Melva Klebanoff (95)
Susan Bor Koffler
Shirley J. Kopple
Joan K. Kronick
Daniel Lastman
Mary Tomasina Taquinia Lawrence (93)

PPSREA

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Margaret A. Lees
Barbara C. Leiby
Frieda Natalie Bornemann Lenthe
Doris Ann Loder
Leroy Loewenstern
Doris Favor Longaker
Claire M. Lyons
Anna May Machles
Ed Magliocco
Elizabeth Debbie Malissa
Dr. John Joseph McCann
Nesbit McCullough (92)
Thomas A. McElwee (96)
Ernest McKenney (94)
Rev. Dennis E. McNally, SJ
Thomas J. Meehan
Thomas Minsker
Rev. Francis X. Moan SJ (93)
Jean Campbell Moore (92)
Gloria Allen Moskowitz
Anne Phillips Mott
Libby Gross Neiburg
Dr. Larry F. Nonemaker
Richard V. Nowakowski (92)
Paula Seltzer Ockner
Sarah A. "Sue" Oppenheim (96)
Margaret L. "Meg" Panas
Alice Ernestine Parrott (91)
Joe Perrott
Elaine Fowler Pierce
Judith Pope-Gray
Deborah Porter
Eleanor Z. Raynes
Dorothy Reid Ricks-Bamber
Ruth A. Ricker (97)
Clara Mae Rihs-Snyder (95)
Edward Robinson
Dr. John A. Rocco
William V. Romans
Elaine P. Rosenfeld (95)
Jerome Lewis Ruderman
Greg Alan Rumsey
Wendell Anthony Sancho
Pearl A. Sand (102)

Vivian Schatz (95)
Joseph Schwartz
Helen F. Sheridan
Anna P. Simpson-Pullar (104)
Herbert Shuben (91)
Dr. Milton Silver (90)
Lillian S. Smith
Eleanor Sokoloff (106)
Elaine S Stamm
Eleanor Rankin Stevenson
Nancy E. Stewart
Eleanor B. Strass (93)
Barry Stupine
Henry Burk Sullivan (90)
LaGuardia A Summers
Joseph Sweeney
Edward Tatoiian
Barbara Thompson
Gilbert Thompson (90)
Dr. Bette Lewis Tokar
Bettie N. Trower (90)
Joseph Edward Truitt, Jr.
Patricia Turner (90)
Dr. Theodore P. Vassello (92)
C. Ralph Verno (91)
Marion Spencer Watlington (96)
Dr. Seldon Vaughn Whitaker
Albert Anthony Wilkinson
Frances P. Williams
Geraldine Wilson
Libby Yaffe (102)
Jane A. Yockey
Janet Yudkin

Staying Home - Home Cooking

In the not too distant past, restaurants were open for fine dining. Eating out had been such an important part for our social life. We looked forward to a night out, which included dinner and a movie or a meal after the theater. We might have brunch with friends after church. We could share the table with family and friends and just enjoy each other's company. Then, PUFF! That aspect of our lives is gone.

Now, we order out or cook at home. Our kitchens are getting much more use. Everyone is home and everyone is hungry. Now is a good time to try new recipes. As the weather is getting cooler, here are two easy stick-to-your-ribs recipes to try. Some comfort food for the soul.



OVEN-FRIED CHICKEN

2 1/2 to 3 1/2 pounds cut up chicken	
1/4 cup shortening	1 teaspoon salt
1/4 cup butter or margarine	1 teaspoon paprika
1/2 cup all-purpose flour	1/4 teaspoon pepper

Heat oven to 425°. Wash chicken and pat dry. In oven, melt shortening and butter in baking pan, 13x9x2 inches. Mix flour, salt, paprika and pepper. Coat chicken pieces thoroughly with flour mixture. Place chicken skin side down in melted shortening. Cook uncovered 30 minutes. Turn chicken; cook 30 minutes longer or until thickest pieces are fork-tender.

4 SERVINGS

This is crispy chicken without deep frying and without standing over the stove. Add your favorite chicken seasoning to taste.

SKILLET MACARONI AND CHEESE

2 cups uncooked elbow macaroni	salt and pepper
2 tablespoons butter	one cup of grated
1 medium sweet onion	sharp cheddar cheese
3 or 4 tomatoes,	1/4 cup grated Parmesan
cut into 1/4 inch pieces	cheese



Cook macaroni according to package. Drain macaroni, but do not rinse. Melt butter in large 10-12 inch skillet over medium heat. Saute onion for 2 to 3 minutes. Add tomatoes. Cook until onion turns golden brown. Add salt and pepper to taste. Add macaroni and cheddar cheese to skillet. Toss mixture together over medium to low heat until cheese has melted. Sprinkle on Parmesan cheese. Garnish with parsley leaves.

4 SERVINGS

For creamier dish, add 1/2 cup of can milk. Feel free to substitute or add your favorite cheese.

ENJOY!



SOLUTIONS
See how well you did!
Try new games and activities daily,
to stimulate the most important muscle in your body-
YOUR BRIAN

Sudoku

5	4	3	7	6	8	2	9	1
1	2	6	5	9	4	3	7	8
7	8	9	2	4	3	4	5	6
2	1	8	4	7	6	5	3	9
6	3	7	1	5	9	8	4	2
9	5	4	8	3	2	6	1	7
3	7	5	6	2	1	9	8	4
4	9	2	3	8	7	1	6	5
8	6	1	9	4	5	7	2	3

7	2	9	6	4	8	1	5	3
4	3	1	9	7	5	6	2	8
8	6	5	2	1	3	7	9	4
9	1	8	4	3	6	5	7	2
3	5	6	8	2	7	4	1	9
2	7	4	1	5	9	8	3	6
6	8	2	7	9	1	3	4	5
5	4	7	3	6	2	9	8	1
1	9	3	5	8	4	2	6	7

Cryptograms

1. HMP NZF BDF SMKL OZMJ KDTWD 2. P QPHMMH GA OIZKMHSVY, FVC
 HMPZ WDTACZFY NL ATGTYR XIV QPZ'C QVHY VE OGCJ GC IZ P
 NZZMKL NZF LFYB OMZBD -- QIYK ZGWJC. --
 UDNATA RTSZNY Hint H=Y DPHGYXZ DIZHIM Hint: Z=N

Bedroom Items

- RUG
- PHOTO
- MIRROR
- SHELF
- SHEETS
- TEDDY BEAR
- DUVET
- NIGHTSTAND
- CURTAINS
- WARDROBE
- RADIO
- ALARM CLOCK
- BED
- PILLOW
- LAMP
- SLIPPERS
- CLOSET

C L O S E T B E D O U T T H
 L V A I P H O T O S N O E P
 A M W H L D M I R R O R D I
 M R W O L L I P L I D S D A
 P H R O O R U G P N S P Y L
 S G D O I S D D Y W U R B A
 T T D E R D T U R E R U E R
 E N H N G S A E V C T U A M
 S H E L F L N R E E T I R C
 W A R D R O B E R H T A R L
 V A E I B O T T O D S O C O
 D R L S N I A T R U C R I C
 O B I H P S R E P P I L S K
 R U A N I G H T S T A N D D

Word Search

THE PHILADELPHIA PUBLIC SCHOOL RETIRED EMPLOYEES ASSOCIATION



5398 Wynnefield Ave., Suite 201 • Philadelphia, PA 19131-2344
(215) 921-5056 • www.ppsrea.org • info@ppsrea.org

CONFIDENTIAL REQUEST FOR SERVICE

Name _____ Date of Birth ____/____/____

Address _____ Apt _____

City _____ ST _____ Zip Code _____

Phone (____) _____ - _____ Email address _____

Year Retired _____ Years of Service _____ Last Position _____

Referred by _____ Date: ____/____/____

INCOME / FINANCIAL AID (Indicate monthly amount)

School District pension _____

Social Security _____

Other pension(s) _____

Describe:

Medicaid _____ Y _____ N

Other _____

Briefly describe the nature of service requested and the approximate cost. Continue to the other side of the page, if needed.

****3 estimates for contracted services must be obtained from licensed and insured contractors****

Please return this Request for Service to the office at the above address.
Any information provided will be held in the strictest confidence.



**THE PHILADELPHIA PUBLIC SCHOOL RETIRED
EMPLOYEES ASSOCIATION**

**5398 Wymefield Avenue - Suite 201
Philadelphia, PA 19131
215-921-5056**

2020 PPSREA FITNESS PROGRAM APPLICATION - STIPEND - \$60.00

NAME: _____ LIFE MEMBER # _____
(FIRST) (LAST)

ADDRESS: (STREET) _____

CITY: _____ STATE: _____ ZIP: _____ TEL.# () _____ - _____

FITNESS FACILITY WHERE YOU ARE ENROLLED: _____

TEL.# () _____ - _____ DO YOU ATTEND TWO OR MORE TIMES PER WEEK: YES or NO OR
DO YOU EXERCISE WITH A PERSONAL TRAINER: YES or NO

EMAIL ADDRESS: _____

**YOU MUST ATTACH TO THIS APPLICATION A COPY OF YOUR PAID RECEIPT SHOWING AT LEAST
THREE *CONSECUTIVE* MONTHS OF PAID MEMBERSHIP IN 2020.**

PLEASE HAVE AN ADMINISTRATOR FROM THE FACILITY OR A PERSONAL TRAINER SIGN BELOW.

I CERTIFY THAT _____ HAS PARTICIPATED IN A FITNESS PROGRAM FOR AT
LEAST THREE MONTHS.

_____/_____/_____
(FITNESS PROGRAM OFFICIAL) (TITLE) (DATE)

**PLEASE NOTE: MAIL THIS APPLICATION WITH YOUR PAID MEMBERSHIP RECEIPT TO:
FITNESS PROGRAM C/O STEVE KORSIN: 9733 CHAPEL RD. • PHILADELPHIA, PA • 19115**

NOTE:

***APPLICATIONS MUST BE RETURNED BY: January 15, 2021 TO BE ELIGIBLE FOR THE 2020 STIPEND.
•Remember You Must BE A Life Member AND Enclose A Receipt From The Fitness Facility Or Personal Trainer.
•If your membership is paid by another program such as Silver Sneakers, you are NOT eligible for the stipend.***



THE PHILADELPHIA PUBLIC SCHOOL RETIRED EMPLOYEES ASSOCIATION
The Pinn Business Development Center
5398 Wynnefield Ave ▪ Suite 201 ▪ Philadelphia, PA 19131-2344
(215) 921-5056 ▪ www.ppsrea.org ▪ info@ppsrea.org

MEMBERSHIP APPLICATION

(PLEASE PRINT)

LAST NAME: _____

FIRST NAME: _____ M.I.: _____

SS# (LAST 4 DIGITS) ####: _____

ADDRESS: _____

APT/UNIT #: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE #: _____

CELL TELEPHONE #: _____

POSITION: _____

DATE OF BIRTH: ____/____/____

RETIREMENT DATE: ____/____/____

EMAIL ADDRESS: _____@_____

SIGNATURE: _____

***Return check or money order PAYABLE TO: PPSREA. Select one type of membership.**

Lifetime (\$200.00): _____ Annual (\$15.00): _____ Associate (\$15.00): _____

***Lifetime membership: ONE-TIME payment & Annual & Associate memberships: renewed yearly**

Return Address: PPSREA - Membership Committee
5398 Wynnefield Ave - Suite 201
Philadelphia, PA 19131-2344

CONTACT INFORMATION

CASA (Commonwealth Association of School Administrators) - Local 502

Address: 855 N Broad St, Philadelphia, PA 19123 • Phone: (215) 236-7222

PASR (Pennsylvania Association of School Retirees) - STATE

Address: 878 Century Drive, Mechanicsburg, PA 17055-4375 • Phone: (717) 697-7077

Email: pasr@pasr.org / Website: <https://www.pasr.org/>

PFT (Philadelphia Federation of Teachers)

Address: 1816 Chestnut St, Philadelphia, PA 19103 • Phone: (215) 587-6738

PFT (Philadelphia Federation of Teachers) Retirees

Address: 1816 Chestnut St, Philadelphia, PA 19103 • Phone: (215) 587-6738

PPSREA (Philadelphia Public School Retired Employees Association) - LOCAL

Address: 5398 Wynnefield Avenue - Suite 201, Philadelphia, PA 19131 • Phone: 215-921-5056

Email: info@ppsrea.org / Website: www.ppsrea.org

PSERS (Public School Employees Retirement System) - Pension Administrators

Address: 5 N 5th St, Harrisburg, PA 17101 • Phone: Local: (717) 787-8540

Toll free (Harrisburg): (888) 773-7748 / Health Options Program: (800) 773-7725

Email: ContactPSERS@pa.gov / Website: <http://www.psers.state.pa.us/>

School Cafeteria Workers - Local 634

Address: 1415 N Broad St - Suite 219, Philadelphia, PA 19122 • Phone: (215) 440-0245

School District of Philadelphia Employee Benefits and Retirement

Address: 440 N Broad St, Philadelphia, PA 19130 • Phone: (215) 400-4630

SDAP (School Police Association of Philadelphia)

Address: 8400 Bustleton Avenue - Suite 300, Philadelphia, PA 19152 • Phone: (215) 783-0075

School Transportation - Local 1201

Address: 455 N 5th St, Philadelphia, PA 19123 • Phone: (215) 923-5488



THE PHILADELPHIA PUBLIC SCHOOL RETIRED EMPLOYEES ASSOCIATION

5398 WYNNEFIELD AVENUE - SUITE 201 • PHILADELPHIA, PA 19131

(215) 921-5056 • www.ppsrea.org • info@ppsrea.org

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Thank You for Your Continued Support!!!

DID YOU KNOW...

That All Retired Public
School Employees

CAN JOIN PPSREA

School bus chauffeur, food services worker, building engineer, classroom assistant, secretary, counselors, bus attendants, bilingual assistants, interpreters, school police officers, student climate staff, school nurses, project managers, payroll processors, translators, occupational therapists, mechanics, painters, physical therapists, psychologists, asbestos workers, speech and language therapists, plumber, warehouse workers, teachers, roofers, facilities staff, directors, data analysts, coordinators, assistant general counsels, climate managers, fire alarm technician, maintenance scheduler, principal.



Tell your friends and family members!! Go to PPSREA.ORG for more information 24